**Questions to test knowledge**

**Course for Physical Education Teachers**

**Module 2**

**PSYCHOLOGICAL AND PEDAGOGICAL TEACHING STRATEGIES IN PE CLASSES TO WORK WITH VULNERABLE GROUPS**

Please mark the right answer. There is only one correct answer per question (where Red highlighted = Correct answer). Time 10 minutes.

1. ***The first step for a PE teacher in PE classes could by:***

a) Education of physical abilities.

b) The social goals (to develop and maintain harmonious and positive social relationships);

c) Creating the main rules of children behavior in PE classes.

1. ***Personality Traits of the Best PE Teachers (please mark incorrect answer):***
2. Teaching Ability.
3. Interpersonal Skills.
4. Patience and Adaptability.
5. “Strict rules first”.
6. Focus on the Students

***3. Self-determination theory is useful for physical education teachers because it can help educators understand:***

a) Factors influencing student motivation;

b) Cognitive processes;

c) The personality of the student.

1. ***Teaching principles: Principle 5 - Provide Models. It means:***
2. Presenting all information to students via three sensory modalities: visual, auditory, tactile.
3. Providing students with opportunities for success is key.
4. Models are concrete examples of what teachers expect. For example, teachers should show students an exercise step by step when teaching basic movements.

***5. of particular importance into physical activity with children from vulnerable groups is PE teacher cultural competence, which refers being able to:***

a) Create a more tolerant, encouraging and accommodating environment in PE classes;

b) Awareness of potential biases, differing cultural norms, and the effectiveness of enacting participants’ intersecting identities through physical activities.

c) Adapt and find new activities keeps students engaged and interested in PE classes.

***6. PE teacher as a corrective agent in PE classes. It means:***

a) To correct children behavior and do it in this way: laying out specifically what was incorrect and then tell them, what exactly you want to do at this moment.

b) To reinforce desirable behavior of children. Tell them exactly what you liked about that positive behavior.

c) To teach skills, drills and how to use those drills in activity.

***7. How are we could to reduce language barriers in PE classes working with refugees and asylum seekers?***

a) Use informational and noncontrolling language.

b) To observance of Rituals. Is a way to invite children to activate their cultural and spiritual identities and strengths?

c) Incorporating expression and symbolism through body movement.

8. “Put yourself in his/her shoes.” it means PE teacher be able to:

a) Be empathic;

b) Appreciate diversity;

c) Respect others.

***9. The strategies who will help children from vulnerable groups “get hooked” into PE classes (please mark incorrect answer):***

a) The activity must be noncompetitive; the child chooses and wants to do it;

b) Choose activities that can be done only in groups, for example active games

c) Choose activities that can be done alone- without partners or teammates

***10. How to motivate children in a Need-Supportive Way in PE classes? We have to start from:***

a) PE teachers should demonstrate interest and curiosity toward students’ thoughts, background and interests. 'What do you like?"

b) Introduce the rules and requirements of a physical education class

c) Teachers should build learning outcomes in PE classes around more extrinsic goals (e.g., looks, winning, public recognition, and grades).